Leisure

Sport

Diemen offers a wide range of sports clubs, for example, football, basketball, horse riding, volleyball, handball, netball, baseball and tennis. In addition Diemen now has an own hockey club: HC Diemen.

If you are in search of something else, you can join, for example, the billiards club, the bridge club, chess club or the draughts club.

For those of us who live in the fast lane there is the Diemercross in the Diemer woods in February and in October AV'23 organises a running event which runs mostly through Diemen. This race is called the Daarom Diemen Middenmeerloop.

In the sports centre Wethouder F.B.Duran in the south of Diemen there is a sports hall, squash courts and a swimming pool. There you can follow swimming lessons, go diving, aquajogging or participate in aquazumba.

Every Friday evening there is disco swimming for youth under 13 years of age.

In addition Sports Hall Diemen also offers possibilities for sport. The gyms can be booked online. (<u>www.zwembaddiemen.nl</u>).

Of course Diemen also offers many possibilities to be active and sporting without joining a club.